



Obstetrics

When to Call

If your issue is **urgent**, or you are not sure, always call us at 312.695.7382 (TTY: 711).



Call 312.695.7382 if you have:

- Heavy bleeding
- Severe belly pain
- Leaking fluid from vagina
- Decrease in baby's movement after 28 weeks
- Signs of labor
- High blood pressure (above 140/90)
- Vision changes
- Headache that will not go away
- A fall
- Severe chest pain
- Shortness of breath

If your issue is not urgent:

You can use the MyNM patient portal at nm.org/mynm or the **MyNM® app** (available on the App Store or Google Play) to send us a message.

We will reply to your message within 2 business days.

Do not use MyNM for urgent concerns.

If you are not sure if your issue is urgent, please call us at 312.695.7382 (TTY: 711).



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